



July/August 2023

... let us be the light at the beginning of your journey

## Recovery from a brain tumour

by Allison Huish

The following interview by Ty Bollinger was one of the 131 featured in the series "The Truth About Cancer" - A Global Quest.

**Ty:** I'm here just outside of Atlanta, Georgia today, with Allison Huish. She flew in from Arizona?

**Allison:** Yeah, Mesa, Arizona.

**Ty:** Thank you so much for being with us today.

**Allison:** Thank you.

**Ty:** So I really want to get your story today, of being healed from cancer. So let's go back several years ago to when you were a little girl. And if you could just share your story about the beginning of your health problems.

**Allison:** So my health issues are a little bit different than most people. Starting at age six, I started to have some noticeable health issues. From a young age, my head started to tilt just a little bit to the right. No one knew quite why that was going on. And then also, my hearing in my left ear just started to get progressively worse.

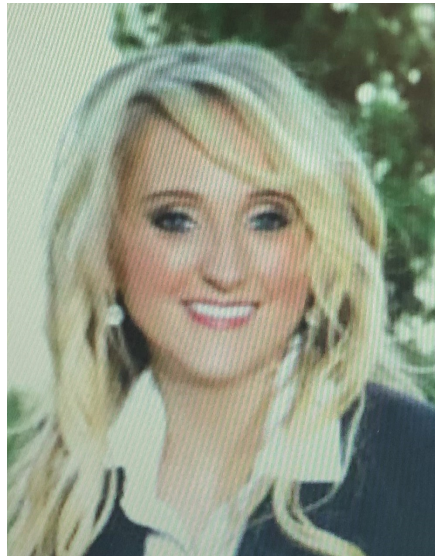
Then that kept going on for a few years. I also had stomach issues that started. So we couldn't figure out what was going on. It was very interesting. We went to a lot of different doctors. I was diagnosed with, you know, high acidic level, anorexia, bulimia, all of these things that were just very different.

**Ty:** And this is at what age?

**Allison:** This was about age seven to ten.

**Ty:** Okay.

**Allison:** Went to numerous doctors, and just nothing worked. We couldn't find answers. We were just frustrated. My health started to just go down. I got very, very skinny. Junior High I was probably about 70-80 pounds, just very, very skinny, very emaciated, eyes were bulging out.



Allison Huish

But we couldn't figure out what was going on, and was very frustrated. So one of my appointments, at age 13, I went to go see a pediatric GI specialist, because I had all these stomach issues. I would wake up every morning and just want to almost throw up. It just was not comfortable.

So I went to go see a pediatric GI specialist, and she did the initial tests. She did the test: follow my finger with your eye. And she went side to side, and then she went up and down. And she went up and down, and then she kept going up and down. And she did that many times, and I'm like, "Why? Why is she doing this? This is frustrating."

Well, what happened was, she noticed when I looked up, that my eyes were shaking a little bit. And she's like, "You need to go get an MRI, like right now." So she cleared her schedule. I went and got an immediate MRI that afternoon. Well, after my MRI, they made me sit in the waiting room for a long time. I couldn't figure out

why. They wouldn't let me see my mom, they just made me sit there.

**Ty:** By yourself?

**Allison:** Yeah, by myself. They just said, "You have to wait here. We'll let you know when you can come out." And I was kind of worried to sit on that cold table, like what's going on here? Well, I walked out of the waiting room about an hour later to see my mom, who had just hung up the phone with tears in her eyes.

And she told me, she said, "Allison, you have a brain stem tumour." And I didn't know quite what that meant, at 13 years old, I just started junior High School a couple weeks prior. But I knew at that moment that my life would be different from there on out.

So we immediately went to go see my doctor, to my pediatric neurologist, and he showed my parents what the tumour was. Basically it was a brain stem tumour, pilocytic astrocytoma is what it was, about the size of an egg, and it rested on my brain stem.

So that next day, I was scheduled for emergency surgery, and they were able to get rid of about half my tumour. Now the thing with tumors is, why mine was so serious, was because it's all about location.

It was right there with the brain stem, and you're toying with all the nerves, which explained why I had the head tilt, why I had the hearing loss, and why I had the stomach issues. Most people, when they have tumors, they have headaches and blackouts, and seizures. Mine were very different.

**Ty:** And the reason it was different was because it was a brain stem, and it was mixed in there with the nerve tissue?

**Allison:** Mmhm. It's just very different. It was all about the location, which was, you know, the gradual hearing loss.

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# CANCER INFORMATION & SUPPORT SOCIETY NEWSLETTER

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**the risk** of ovarian cancer for dietary or dairy calcium and a 10% reduction for dietary plus calcium supplements. "This meta-analysis indicated that increased calcium intake might be inversely associated [i.e., protective] with the risk of ovarian cancer."

#### Xiaofan Li Meta-Analysis of Endometrial (Uterine) Cancer

- "No significant association was observed between endometrial cancer risk and the intake of total dairy products, milk, or cheese for the highest versus the lowest exposure category."

#### Kui Jiang Meta-Analysis of Fermented Dairy and Overall Risk of Cancer

- "Our meta-analysis indicated that fermented dairy foods [such as yogurt] intake was associated with an overall **decrease** in cancer risk."

#### The Golestan Cohort Study of Cancer and Cardiovascular Risk

The authors from Tehran University, Iran, noted an "11% lower all-cause mortality and 16% lower cardiovascular disease (CVD) mortality risk with high yogurt intake. Cheese intake was also associated with 16% lower all-cause mortality and 26% lower CVD mortality risk. Higher intake of high-fat dairy food and milk was not associated with all-cause or cardiovascular disease mortality. *Neither intake of individual dairy products nor intake of total dairy products was significantly associated with overall cancer mortality.* High consumption of dairy products, especially yogurt and cheese, may reduce the risk of overall and CVD mortality."

#### The Bottom Line

The majority of these studies showed an inverse correla-

tion, i.e., a protective effect, of dairy on cancer. We once asked a major proponent of "The China Study" to tell us about any research that *contradicted* the theory that dairy is a major source of cancer. His succinct answer: "There aren't any." But, in fact, any one of the above rigorous studies throws serious doubt on Campbell's claim that milk and dairy are a major factor in cancer's occurrence, recurrence, or mortality.

In the preponderance of studies, **dairy is healthful and protective against cancer**. For the World Cancer Research Fund (WCRF) total dairy, milk, cheese, and calcium supplements are considered protective against colorectal cancer. The one exception was, and is, prostate cancer. Men who are at elevated risk of prostate cancer (such as those under active surveillance for disease progression) should logically cut back on their consumption of dairy products.

That said, we were puzzled by the WCRF's failure to warn against the increased danger of prostate cancer with dairy intake. We reached out to Dr Aune and he responded by email:

- "I think the issue with regard to the WCRF judgment may relate to the *non-significant results* for advanced prostate cancer and prostate cancer mortality. For prostate cancer mortality the associations were in the same direction (but not significant) as for total prostate cancer, but not for advanced prostate cancers." (Dec. 2, 2020)

In short, science as a whole simply does **not** confirm Campbell's thesis. There is almost complete agreement among scientists that milk and dairy are harmless, or even beneficial, in regard to cancer (with the possible exception of prostate cancer). It is hardly grounds enough to make a radical alteration in diet for the majority of the population.

#### Supplements for CISS Members

Low Dose Naltrexone all strengths 1.5mg to 4.5mg  
 100 compounded capsules (Doctor's prescription needed)  
 Look up "Low Dose Naltrexone" Homepage  
 Stabilised electrolytes of oxygen 50ml—\$15 (Chlorine Dioxide)  
 Visionary Health Compounding Chemist (02) 4969 5081

#### Free Psych-K for CISS members

CISS members can receive Psych-K to identify and change negative belief systems free of charge. Ring the Office if you want to try it.

#### DVDs for Sale from the CISS Office

CISS Seminar "Cancer & Hope - Survivors share their Lessons" available for \$29.50 plus postage for members + postage

## OVERSEAS &amp; LOCAL NEWS—Editorial

## The Thin End of the Wedge – The end of free speech in Australia?

The normal procedure used in democracies for removing free speech is to do it slowly. Once each step becomes accepted by a majority, the next step is used. Australia is at present embarking on the fourth step: Legislation to prohibit dissent from government policy.

The first step was the introduction of a ban on “hate speech”. This essentially arose through the Australian Government’s passing of the Racial Discrimination Act 1975, although it was intended to apply only to racial hatred that was defined as “an act that is reasonably likely, in all the circumstances, to offend, insult, humiliate or intimidate another person or a group of people.

In 2002, the Federal Court applied the Act in the case of *Jones v Toben*. The case involved a complaint about a website which contained material that denied the Holocaust. The Federal Court ruled that the material was a violation of the Act. So this introduced the concept that a person committed an illegal act if they offended someone else. This amounted to the second step.

By an amendment to the Anti-Discrimination Act 1977 in the 1980s, New South Wales became the first state to make it unlawful for a person, by a public act, to incite hatred towards, serious contempt for, or severe ridicule of a person or group on the grounds of race. The other states followed with slightly different wording to their legislation.

A third step occurred during the Covid-19 epidemic when two new terms emerged: “misinformation” and “disinformation”. “Misinformation” means false information that is spread due to ignorance, or by error or mistake, without the intent to deceive. “Disinformation” is using knowingly false information designed to deliberately mislead and influence public opinion or obscure the truth for malicious or deceptive purposes. These two terms became known as “fake news” and Fact Check internet site grew up to apply political interpretations to various



**Don Benjamin, Editor**

health claims. Health authorities in Australia and several other Western countries used these new terms to make it illegal to publish information that disagreed with or questioned a statement or policy made by a government health authority. Another term “public safety” was also used to justify the next and fourth step of government intervention.

The argument is that a particular medical intervention might be designed to save lives. So a doctor who questions the safety or efficacy if the intervention is accused of causing deaths, so has his or her licence to practise medicine revoked. The problem with this approach is that, if the claim by the health authority is not proven, and the intervention in fact causes more deaths, then the government is guilty, by protecting the health department. Who decides what saves lives?

This is a political problem, not a medical one. According to those who specialise in evidence based medicine, the only way to show that an intervention works is by using a randomised controlled trial (RCT). Most such medical interventions that are claimed to work and save lives do not work. The British Medical Journal’s Clinical Evidence Group found that of 3,000 medical interventions reported in RCTs that

they analysed, 11% were proven effective and another 23% were “likely” to be beneficial. So 66% or two-thirds were either of no benefit or caused more harm than good (15%) or were of unknown benefit or harm because they had not been properly evaluated (~51%). See Figure 1.

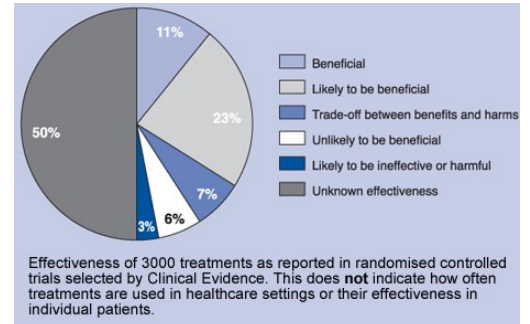


Figure 1. Efficacy of medical interventions reported in randomised controlled trials that were actually shown to work.

This information disappeared from the journal’s website in 2013.

One of America’s leading epidemiologists, John Ioannidis, Professor of Medicine at Stanford University, believes that the situation is worse than this. In 2005 he published a paper titled “Why Most Published Research Findings Are False”, which argued that a majority of papers in the medical field, nearly 73%, produce conclusions that are wrong, e.g. the conclusions are not consistent with the data presented. He has also stated that as much as 90% of the published medical information that doctors rely on is flawed.

When Covid-19 arrived in 2020 health authorities claimed that it was about 10 times more dangerous than seasonal flu and likely to kill ~0.3% of those affected compared to ~0.03% with seasonal flu, particularly among the elderly. Therefore the Covid-19 vaccine, that was claimed to be safe and effective, should be mandated. Any doctor who claimed the contrary could have their licence to practise revoked.

Three years later both claims have been found to be incorrect: Covid-19 has a death rate closer to 0.03% when normally treated (incidentally as predicted by John Ioannidis in 2020); the Covid-19 mRNA vaccines have no proven benefit and probably kill more people than they save. In addition one of the most effective treatments, ivermectin, had been prohibited from use in Australia by the TGA. So the TGA was directly responsible for many

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Because as my tumour was getting bigger, was pressing on that nerve, so I had the gradual hearing loss in that ear. So I had surgery, and they were able to get rid of about half of it.

But a large part of it was still inoperable due to the location. And so grateful for an amazing neurologist. He closed me up and said, "You know what? We'll take care of this later." So closed me up, sent me on my way, and I had an amazing recovery.

I went home about a week later, after being in the ICU at the hospital, and we began going home, and started looking for answers. You know, we had heard stories about people who had beat cancers naturally, beat tumors naturally, and we knew there was something out there.

**Ty:** Yeah.

**Allison:** So we began searching. We said, "What is it? What do those people do, that are doing these incredible things?" And I would say at the time we were an average healthy family, but we learned what nutrition does, and it was very interesting. My doctor told me, you know, "The calories count. If you'll eat pizza, if you'll eat ice cream," because I was very skinny, "Just get calories in you, whatever you'll take."

But in our research we learned how nutrition was so important. I needed to give my body good calories to help support good healthy weight gain, support the cells so I would function better.

**Ty:** And this was at the age of 13?

**Allison:** Yeah, at the age of 13.

**Ty:** What was the emotion of your family like at that point? What was the mental state?

**Allison:** Yeah, you know what? It was very interesting. It was hard because a lot of my family, they cared about me, but they didn't know what was going on. And so they were frustrated. So there was a lot of contention with the family, honestly. There was some because we couldn't figure out what was going on. So it was tiring.

It was very hard to be this young girl, and I see many people just fighting over what to do next for me. That was very hard to see at a young age. And then we started doing research on what to do.

And of course, many people were pushing us to go see our radiologist and go that direction. My mom

and I, we did go meet with our radiologist. And I still to this day remember sitting in that room, the feelings that I felt in there.

**Ty:** What were they?

**Allison:** It was very cold. It was very cold. It was not what I wanted to do. And I actually left that appointment, and I grabbed my mom's hand, and I told my mom, "Mom, this isn't the process for me." And so she said she also felt the same way. But we left that radiologist's appointment knowing we needed something else. There has to be something else out there. Thirteen years old, just started junior High School, radiation to the brain stem 15 years ago just didn't sound like a good thing for us.

**Ty:** Right.

**Allison:** So we started doing a lot of research on what to do, and that's where it came a lot with nutrition. We learned about giving the body a lot of greens, a lot of good calories, a lot of nutrition to help heal myself. Because I needed to gain weight, I needed to gain probably about 30-40 healthy pounds.

I needed to get rid of stomach issues. I wanted hair to grow back. All these things. And then we also kept doing research on what else can we do? And that's where we were really drawn to these essential oils. They kept coming across in a lot of our research. We noticed how essential oils did incredible things.

There's medical studies out there showing what essential oils can do. And in particular, with the essential oils, we were really drawn towards frankincense essential oil. I love frankincense oil. It's a very powerful oil. I think there's a reason why it's called liquid gold, or why it's one of the oils that the Christ child was given.

It's a very, very precious oil. So we did our research, and we came across the oils, and frankincense oil, and all of these studies pointed towards what these oils could do, how they could boost white blood cell count, how they could help bring oxygen into the cell, how they helped balance the cell.

I'm a very science-based person. I loved reading about that, and I found that all my research about either nutrition or essential oils pointed towards healing the cell. And so that became my goal. My goal became giving the body lots of oxygen. It became getting the body to an alkaline state.

So I used a lot of oils. I used a lot of

frankincense oil. I also used clove oil, because clove oil's a very oxygenating oil. I also used a lot of digestive enzymes, things to support the cell. But primarily, as far as oils, I did the frankincense oil and the clove oil.

**Ty:** And how did you take it? Did you ingest it, or did you rub it on your skin? Or did you do the aromatherapy? How did you do that?

**Allison:** You know, it was really interesting how we did it. So I did do it back here where my scar is, but I don't know how effective that was, because you do have a very thick skull. But one way that I did, and this was probably the way that I was most consistent is, I would put a drop of frankincense oil on my tongue, and raise the tongue to the roof of my mouth.

And I did that probably about every two hours. Because I figured, hey, that's probably the closest way I can get to my brain stem without interfering with bones, or things like that.

**Ty:** And a lot of blood vessels there too, to absorb.

**Allison:** A lot of blood vessels, so just a lot internally. I did some on the reflexology points, bottoms of my feet. But the primary way was on internal through my tongue. So I did that about every couple of hours. And what happened was actually quite incredible. So I started to gain health pretty quickly. Like I said, I started Junior High School and I was diagnosed three weeks later. So I came home and started to regain health after my surgery. I was able to start school again with my peers the next semester.

**Ty:** Great.

**Allison:** And that was pretty incredible.

**Ty:** That's quick for a brain tumour.

**Allison:** You know what? It was interesting. I was only in the hospital for about a week and a half. Most people are in there for about six weeks. But once I had my tumour, we started on good nutrition, we started on oils. And I just had an amazing recovery. So I was able to graduate with my peers on time. And that was huge. I was able to regain strength, regain health. So what happened with my tumour is that my tumour basically started to do what tumors aren't supposed to do. Tumors are supposed to get fuzzy, supposed to spread, and get bigger. My tumour started to do the opposite of that. My tumour started to encapsulate, that's what my doctor told me. He's like, "It looks like it's encapsulating." It started to come together and like whole, you know pull apart, where it had little

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Covid deaths.

Another drug Hydroxychloroquine was also claimed to be effective but was claimed to be harmful by Australian health authorities, such as the Australian Technical Advisory Group on Immunisation (ATAGI) that advises the Minister for Health and Aged Care on the National Immunisation Program (NIP) and other immunisation issues. Based on their advice, the TGA stated that from 24 March 2020 only certain types of specialists were able to prescribe hydroxychloroquine to new patients.

During the pandemic those who tried to point out these facts were accused of “misinformation” or “disinformation” because they questioned government health policy.

So when a government plans to introduce censorship of free speech using arguments of “public safety”, they are using a tried and true rationale used by dictatorships identified by American psychologist Abraham Maslow in his pyramid showing the hierarchy of needs. This is a theory predicated on the need for first satisfying the basic physical and safety needs as being more essential for human needs than emotional and psychological and finally idealistic needs. See Figure 2.

Figure 2. Maslow's hierarchy of needs

So a government introduces a supposed threat and offers protection from that threat to safety, thereby justifying taking away freedoms for the duration of that threat. Survival of the state is said to be more important than that of the individual – the rationale used by dictatorships of both the right (Adolf Hitler in Nazi Germany) and the left (Xi Jinping in Communist China).

In George Orwell's 1949 dystopian novel “1984” the totalitarian government's



“Big Brother” oversaw the “Ministry of Truth”, introduced to prevent citizens expressing “dangerous” ideas (misinformation) i.e. ideas critical of the government, and thereby jeopardising public safety. Now in Australia in 2023 the fourth step of putting this political

censorship into legislation will complete the process.

The new legislation is being introduced to stop anyone from providing opinions or even accurate, evidence-based information about health or any other matter that disagrees with government statements, thereby protecting “public safety”. This is to be policed by the Australian Communications & Media Authority, ACMA.

This issue was on the front page of the Sydney Morning Herald on Monday 17 July under the heading “Laws no ‘Ministry of Truth’: Minister defends proposed misinformation laws”.

The Minister for Communications Michelle Rowland has made two conflicting statements to justify these serious infringements on freedom of speech:

1. The new measures will not affect the right of people to express their views on the internet or social media; and
2. Only those responsible for the internet and social media will be fined up to ~\$6million if they fail to remove “misinformation” or “disinformation” from their platforms.

So it is of little benefit if someone can, say, question the benefits of a vaccine, if the internet or social media is required to delete their post because it is misinformation or disinformation, as defined by the government.

Freedom of Information requests have already shown that “misinformation” and “disinformation” includes accurate information that just happens to be at odds with the government's “truth”. These deleted posts include

1. The Covid-19 vaccine does not prevent Covid-19 infection or transmission;
2. The Covid-19 virus was released or escaped accidentally from the Wuhan Virology Institute laboratory in China;
3. The US Government was funding the research into the virus prior to its escape;
4. Mandatory wearing of masks was unlikely to stop transmission of the virus;
5. Social distancing and mandatory lockdowns were unlikely to be of benefit.

Each of these statements, that have subsequently been shown to be accurate, were the subject of media censorship by the Australian Department of Home Affairs as some of the 4,000 posts that were censored by the Australian Government during the Covid pandemic. This censorship was on the grounds that they breached community guidelines because they were “potentially harmful information” that was “explicitly prohibited” in the media because it might “invoke a deliberate conspiracy by malicious and/or powerful forces”. (“Banned Covid posts

‘Totally Factual’”, The Weekend Australian July, 22-23)

This is not a party-political issue (Liberal versus Labor) but appears to be common to both parties. For example on 20 Mar 2022 under the previous Liberal Government, the Herald had a heading “Government to introduce laws to combat misinformation” that said Communications Minister Paul Fletcher has announced plans to introduce legislation this year to combat harmful disinformation and misinformation. It went on to state that “Under the new laws, ACMA will be given information-gathering powers that will allow it to legally request tech platforms such as Meta (formerly Facebook), Google and Twitter to hand over information. This will allow ACMA to obtain data on complaints handling, issues that are being acted on and engagement with harmful content...” This is identical to the current Labor proposal.

The current situation, that gives AHPRA powers to deregister doctors who question health statements and policies, was developed during the period 2013 to 2022 when the Coalition was in power. It was based on recommendations from the World Health Organisation, that at the time had not been taken over by vested interests. (See CISS Newsletter November/December 2022, p12)

So the question becomes: Has the Coalition under Peter Dutton sincerely changed its policy after realising the serious harm done to political freedom by his Coalition or has the Coalition simply found an opportunity to criticise the Labor government?

According to conservative Stephen Reason, commenting on the ‘Communications Legislation Amendment (Combatting Misinformation and Disinformation) Bill 2023’

...The internet, and especially various social media platforms, have provided a vast and unfiltered means to directly access information. Discerning minds can apply their own filter. We are self-determining and free-thinking adults, after all. Cyberspace is both an unruly badland, and a vibrant frontier for diversified information. Truth can be found for those that seek.

The free-flow of information, debate, public discourse (and the online platforms that support it) and individual discernment, are all essential to the health of any democratic society. Lies and truth commingle, much like liars and truth-tellers co-inhabit society, either swindling or edifying those influenced by their orbit. The individual human mind will gravitate to what it requires for growth, and Truth has its own undeniable gravity, and gravitational pull. We must take personal responsibility for de-tangling truth

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## Air and Water

by Lynne McTaggart and Bryan Hubbard

Camilla Sherr has an extraordinarily green thumb. When her mother's apple tree became infested with moths, she and her husband Jeremy prescribed a treatment that not only removed the moths and their caterpillars but also resulted in the tree producing its first season of edible, delicious fruit.

Their treatment didn't include nasty pyrethrin-containing chemicals. In fact, there were no chemicals at all. Camilla is not a plant doctor but a renowned homeopath, and her treatment of her mother's apple tree consisted of a single remedy: *Lac Caninum*.

This is not as far-fetched as it seems. A few good studies show that homeopathy can help plants, even those that start life as seeds planted in toxic soil laced with aluminium.

Although both Sherrs treat humans and teach homeopaths (at the Dynamis School for Advanced Homeopathic Studies), lately Camilla has focused on what is termed agri-homeopathy, treating pest or environmental problems in soil and plants, after working with a Tanzanian farmer to convert his farm to organic a decade ago.

Sceptics would say Camilla is working with nothing more than water and a good deal of wishful thinking. After all, homeopathic treatments are dilute with water to the point where there is nothing of the original substance left. But that's because these critics don't really understand the miracle substance that is water.

Water is a chemical anarchist that behaves like no other liquid in nature, displaying no fewer than 72 physical, material and thermodynamic anomalies, with many more apparently still to be unmasked. It is among the most mysterious of substances because it is a compound formed from two gases - two atoms of hydrogen for every one atom of oxygen - yet is liquid at normal temperatures and pressures.

It's taken several renegade scientists

to advance our understanding of the power of water and why it would explain the strange process of homeopathy. Two late Italian physicists at the Milan Institute for Nuclear Physics, Giuliano Preparata and his colleague Emilio Del Giudice, demonstrated that water has an amazing property: when closely packed together, its molecules exhibit a collective behaviour, forming what the physicists termed "coherent domains", like a powerful laser light. These clusters of water molecules tend to become "informed" in the presence of other molecules, polarising around any charged molecule and storing and carrying its frequency so that it may be read at a distance.

As Russian scientists have observed, water has the capacity to retain a memory of applied electromagnetic fields for hours, even days. Other Italian scientists from Sapienza University of Rome and the Second University of Naples, and more recently the late Luc Montagnier, the Nobel laureate and co-discoverer of HIV, have confirmed Preparata and Del Giudice's findings: certain electronic resonance signals create permanent changes in the various properties of water.

In one dramatic experiment, Montagnier demonstrated that a virtually identical copy of a DNA fragment in one test tube could be "teleported" via electromagnetic signals to a second test tube containing nothing but pure water. As Montagnier noted, "High dilutions of something are not nothing. They are water structures which mimic the original molecules."

This suggests that water can act like a tape recorder, retaining and carrying information whether the original molecule it came from is still there or not. Physicist Kunio Yasue of the Research Institute for Informatics and Science, Notre Dame Seishin University in Okayama, Japan, also found that water molecules have the ability to organise discordant energy into coherent photons - a process known as

"superradiance."

So vital may water be to the transmission of energy and information that, as the late French biologist Jacques Benveniste demonstrated, molecular signals cannot be transmitted within the body except through the medium of water.

Benveniste found that water seems to "memorise" the unique signature frequencies of molecules. In his studies, when water was exposed to a chemical, then diluted to the point that none of the original molecules remained, the water sample could still be used in place of the chemical to trigger a reaction.

In one study, he took a test tube of blood plasma and added water exposed to the "sound" of heparin - an anticoagulant drug, meaning it prevents blood from clotting - transmitted via its digitised signature electromagnetic frequency. This signature frequency worked as though the molecules of heparin itself were there: in its presence, blood was more reluctant than usual to coagulate.

This means that water, as the natural medium of all cells, may be acting as the essential carrier of a molecule's signature frequency in all biological processes. The Italian scientists also confirmed that water molecules organise themselves into a pattern on which wave information can be imprinted.

Water appears to not only send the signal but also amplify it. Besides the power of informed water, there are also breakthrough treatments with another one of the earth's most abundant substances. Our cover story focuses on new evidence that very high doses of oxygen, delivered through hyperbaric chambers, are healing or vastly improving cases of Alzheimer's, dementia and stroke. Think of it: great new advancements for our health and the health of the food we depend on can be sorted simply through novel uses of substances in nature already in plentiful supply.

from *What Doctors Don't Tell You*  
JUNE 2023

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fingers before, started to pull together. And then, over time, it would just start to slowly shrink. And it was really interesting. I would go see my neurologist every six months, and I'd have MRIs done. And he would have to look at the dates very closely, because he thought he had them backwards.

**Ty:** Because it was shrinking instead of growing?

**Allison:** Because it was shrinking. He's like, "Wait. Do we have these backwards?" He wasn't quite sure what was going on. And so he always told me, "Allison, you're doing awesome. Keep doing what you're doing, and we'll see you in six months." And so I would go see him for about every six months.

**Ty:** For how long?

**Allison:** It took about three years. I

would go see him. But every time I would go see him, it just slowly was improving. It wasn't dramatic, overnight. It was a slow, gradual process. But it took about three years. Then I remember the point where I went to go see my neurologist and he told me, "You have no more tumour."

**Ty:** Really?

**Allison:** "It's completely disintegrated."  
(continued on page 7)

## Sailor's raw diet a cancer beater

by Derrick Krusche

Retired IT worker Tim Shaddock had survived a bowel cancer diagnosis 20 years ago and, ironically, claimed that eating raw foods had helped him before he was forced to resort to eating raw fish during his latest ordeal in the Pacific.

Regarded as a nice bloke and a free spirit among those who know him, Mr Shaddock was financially successful in the IT industry before he retired and threw himself into personal projects, including hiking in the Australian bush and also sailing. In the early 2000s, Mr Shaddock was diagnosed with stage four bowel cancer and was given a grim prognosis by doctors.

However, he survived the disease and later gave an interview with a website



**Tim Shaddock**

called The Raw Food Kitchen on his decision to take a "holistic approach to healing instead of going down the conventional road of treatment".

In the interview, Mr Shaddock said he

ate raw foods after his diagnosis - somewhat similar to when he had to eat raw fish to survive on his catamaran.

"When my health was at a critical stage, it involved a lot of fasting, juicing and smoothies ... I recall spending over three months living solely on green vegetable juice at one stage," he claimed.

Old acquaintances told The Daily Telegraph that in retirement Mr Shaddock grew restless easily and was always looking for his next adventure. "He's got a bit of money, he gets bored and does new things", one said.

FROM: The Daily Telegraph. Monday 17 July 2023

## More Studies Confirm the COVID Jab Does More Harm Than Good

by Dr Mercola

Cardiologist calls for the immediate suspension of all COVID shots as realworld data show they cause more harm than good.

### STORY AT-A-GLANCE

- A peer-reviewed scientific review in the Journal of Insulin Resistance, written by cardiologist Dr Aseem Malhotra, calls for the immediate suspension of all COVID shots as real-world data show they cause more harm than good.
- Data from Israel shows myocarditis post-jab is occurring at a rate of 1 in 6,000.

Hong Kong data from male children and teens found a rate of 1 in 2,700.

- Data from the British Yellow Card system shows 1 in 120 people who have received at least one mRNA injection suffer an adverse event "that is beyond mild." In Norway, the rate of serious adverse events post-jab is 1 in 1,000 after two doses of Pfizer.
- Researchers looking at data from the FDA, Health Canada and the Pfizer and Moderna trials concluded the absolute risk of a serious adverse event from the mRNA shots was 1 in 800, which massively exceeds the risk of

COVID-19 hospitalisation found in randomised controlled trials.

- Leaked audio from a June 2022 meeting between Israeli researchers and the Israeli Ministry of Health reveals the Pfizer jab causes long-term adverse effects and is associated with more severe side effects upon rechallenge (i.e., with repeated doses).

While the researchers wanted to warn the public, the Ministry altered their final report to say that adverse effects are mild and short-lived. The government then cancelled any further research into adverse effects.

## Study: 74% of Post-Jab Deaths Caused by the Shot

by Dr Mercola

### STORY AT-A-GLANCE

- July 5, 2023, Dr Peter McCullough, Dr Harvey Risch, Dr Roger Hodkinson, an expert clinical pathologist, and colleagues published a systematic review of autopsy findings in people who died after receiving a COVID shot on The Lancet journal's preprint server.
- The autopsy review found that 62.5% to 73.9% of post-jab deaths

were likely caused by the injection.

- Preprints with The Lancet pulled the study in less than 24 hours.

The New England Journal of Medicine (NEJM) also rejected the paper, as did the Journal of the American Medical Association (JAMA). The preprint server medRxiv and others also refused to post it.

- Belgian researchers report that two

doses of the Pfizer mRNA COVID jab induced lethal "turbo cancers" in a mouse. Two days after receiving its second dose, one of the 14 injected mice (7%) died suddenly. No clinical signs of illness were present before its abrupt death. Upon post-mortem examination, the mouse was found to have lymphoma in several organs, including the heart, liver, kidneys, spleen and lungs

Dr Mercola, 18 July 2023

(continued from page 6)

**Ty:** What did you feel like at that point?

**Allison:** You know what? Words can't describe it. It was just like such an emotional relief. You know, I had been praying, and I wanted my tumour to go away. I was like, I need another chance at life.

**Ty:** Yeah.

**Allison:** And so, when those words were said, it was invigorating. It was like I had a new life again.

**Ty:** Alright.

**Allison:** You know, I wanted to go to college. I wanted to become a registered dietician. I wanted to tell people my story. And when I was told those words, it was like, "This happened."

**Ty:** And that was at the age of 16?

**Allison:** That was about, yeah, the age of 16, 17.

**Ty:** Okay.

**Allison:** That's when that happened.

**Ty:** Great.

**Allison:** So ever since then my health

has just been improving with what happened. But I'm just so grateful for essential oils, for what we learned as far as diet, as far as just taking care of your body, to know that you can heal it.

**Ty:** How many years ago was this?

**Allison:** So, I'm 28 right now. I was diagnosed 15 years ago. So about 12 years ago. I remember the point where I also hit my five year mark of being completely tumour free, because that five year mark is where  
(concluded on page 10)

## The real brain food

Foods and drinks packed with polyphenols seem to be the key to warding off dementia and Alzheimer's

Top Belgian detective Hercule Poirot was convinced fish was good for his "leettle grey cells." But according to the latest research, he was wrong. The real brain food is anything rich in polyphenols, the micronutrients most commonly found in plant-based foods.

In fact, eating a polyphenol-rich diet reduces your risk of ever developing dementia or Alzheimer's as you get older.

Medical research has shown time and again that a healthy diet is one of the best ways of warding off cognitive decline-especially since discovering the vital role our gut and the microbiome of bacteria play in brain health. But what does a healthy diet look like, and what should we be avoiding?

Up to now, it's all been a little unscientific, say researchers from the University of Barcelona who have harnessed metabolomics - a new technology that measures small molecules called metabolites in our blood-to determine the definitive brain-healthy diet, or so they hope.<sup>1</sup>

They took blood samples from 842 people who didn't have dementia and tracked their health for 12 years. Those who didn't develop dementia had higher levels of metabolites generated from polyphenol-rich foods, while those who had started to show early signs of the disease had more metabolites from processed foods and artificial sweeteners.

Even harnessing the latest science still threw up anomalies. For instance, red wine was protective, while alcohol in general wasn't. Cocoa and coffee also reduced the risk of dementia, but other caffeinated drinks were on the danger list.

Another group of researchers also looked at the influence of diet on dementia - but they used MRI scans to monitor for any brain shrinkage (atrophy) over an 18-month period while participants ate a variety of healthy diets.<sup>2</sup>

The researchers, from Ben-Gurion University in Israel, put 284 people on one of three diets: a general 'healthy' diet, a Mediterranean diet that included eating walnuts, or a 'super' Mediterranean diet that also included drinking three to four cups of green tea a day and a daily shake of Mankai duckweed to replace the evening meal.

So, two of the three diets being assessed were rich in polyphenols. And after just 18 months, scans showed the brain had atrophied dramatically in people over 50 who were eating a standard 'healthy' diet. But there was hardly any deterioration in the brains of those on either Mediterranean diet, and those on the 'super' Med diet had the least shrinkage of all.

So, we're much closer to understanding what a brain-healthy diet looks like, even if there are anomalies, such as caffeine and alcohol. The answer? More research, the scientists say. Of course, as Poirot might say.

FROM What Doctors Don't Tell You, March 2022

**Feeding the little grey cells** *per ½ cup*  
 875mg  
 535mg  
 485mg  
**Foods rich in polyphenols, ranked by the amount in each serving**  
 160mg  
 542mg  
 427mg  
 195mg  
 <100mg

516mg  
 249mg  
 347mg *per ounce*  
 229mg *per tablespoon*  
 140mg  
 53mg

**per serving**

40gm

40gm

260mg

168mg

100mg

113mg

70mg

**per cup/glass**

460mg

426mg

250mg

200mg

### THE BERRIES

ELDERBERRIES

BLUEBERRIES

BLACKCURRANTS

RASPBERRIES/STRAWBERRIES

### HERBS AND SPICES

CLOVES

PEPPERMINT

STAR ANISE

OREGANO

### COCOA

COCOA POWDER

DARK CHOCOLATE

### NUTS & SEEDS

CHESTNUTS

FLAXSEED

HAZELNUTS

ALMONDS

### VEGETABLES\*

SPINACH

SHALLOTS

ARTICHOKE

RED ONION

MUSHROOMS

### OLIVES

FIVE BLACK OLIVES

FIVE GREEN OLIVES

### DRINKS

COCOA

COFFEE

GREEN TEA

RED WINE

\* All vegetables contain polyphenols and should be part of any healthy diet. Aim for 5-8 servings a day. Here are the vegetables and other foods with the highest polyphenol content per serving.



## Dairy and Cancer

by Ralph Moss

### A Raging Controversy

A raging controversy surrounds the question of whether or not milk and dairy products increase the risk of cancer. T. Colin Campbell, Ph.D., a retired nutritional biochemist at Cornell University, has claimed that milk and dairy are major causes of the disease. His book, *The China Study*, as well as a documentary based on it, *Forks Over Knives*, has forcefully pushed these claims. The book has sold over one million copies.

### The China Study

*The China Study* book is based on the “China-Oxford-Cornell Study on Dietary, Lifestyle, and Disease Mortality Characteristics in 65 Rural Chinese Counties.” This was a large observational study conducted throughout the 1980s in rural China, in a partnership between Cornell, the University of Oxford, and the People’s Republic of China.

The China study compared the health consequences of diets rich in animal foods to diets based on plant-based foods among people who were considered genetically similar. (see CISS Newsletter July/August 2008)

So, what does science actually say about the efficacy of a whole-foods, plant-based (WFPB) diet in treating cancer? A search of the 32 million articles in PubMed reveals just 32 papers that even reference this term. Nine of these refer to cancer, and only three are clinical trials. One of these is Dean Ornish’s study of 20 patients with coronary artery disease published in 1998.

If we add in the search term “Campbell,” we come up with a single paper. This is by T. Colin Campbell’s son and co-author, Thomas M. Campbell, MD, a part-time assistant professor of family medicine at the University of Rochester. This paper concerns a single patient with chronic kidney disease, not cancer, who was apparently cured after adopting a plant-based whole food diet.

### Other Studies of Milk, Dairy and Cancer

Our goal is to explore what science as a whole has to say about the relationship between dairy and cancer. It goes without saying that in science, one never relies on a single set of data to reach global conclusions. Unintentional biases, especially “confirmation bias,” is an ever-present risk. This is the tendency to favour information in a way that confirms or sup-

ports one’s prior beliefs or values. The reproducibility of claims is a basic principle of the scientific method.

The literature on dairy and cancer is actually extensive, with over 2,700 papers referenced in PubMed. We shall limit our search to the highest level of proof, which are meta-analyses and systematic reviews from recent years. This narrows the field to about 100 papers.

### Dagfinn Aune Meta-analysis of Dairy and Colorectal Cancer

Dr Dagfinn Aune of the School of Public Health, Imperial College, London, conducted a comprehensive review of dairy and colorectal cancer. His conclusions were diametrically opposed to Campbell’s claims:

- “This meta-analysis shows that milk and **total dairy products**, but not cheese or other dairy products, **are associated with a reduction in colorectal cancer risk.**”

This of course totally contradicts Campbell’s thesis. There is one finding, however, that *partially* confirms Campbell’s ideas. It concludes that the highest intake of dairy products “**may increase total prostate cancer risk.**” But even this increase was relatively small: compared with the lowest level of intake, there was:

- A **7%** increased risk for every 400 grams (i.e., 14 ounces) of dairy products per day;
- A **3%** increase for total milk per 200 grams (7 ounces of milk per day);
- A **6%** increase for low-fat milk per 200 grams (7 ounces of low-fat milk per day);
- A **9%** increase for cheese per 50 grams (1.8 ounces of cheese per day); and
- A **5%** increase for dietary calcium per 400 grams (14 ounces of dietary calcium per day).

This dairy-prostate cancer association was confirmed in a 2016 Wei Lu meta-analysis (cited below). But this relatively weak association was NOT definitive enough to be included in the World Cancer Research Fund’s Chart of Strong Evidence on diet and the prevention of cancer.

### Ralston Meta-Analysis of Colorectal Cancer and Dairy

The authors, headed by Robin A. Ralston, PhD, of Monash University, Australia, found a **26% reduction in the risk of colon cancer in men** consuming the most non-fermented milk (about two

glasses per day). Yes, you read that right, a **26% reduction!** No association was found between the consumption of milk and rectal cancer in men or milk and colon or rectal cancer in women.

- “This meta-analysis supports the inverse [i.e., protective] association between nonfermented milk consumption and risk of colon cancer in men.”

This, of course, is the diametrical opposite of Campbell’s theory.

### Genkinger Study of Pancreatic Cancer and Dairy

This large study from the Mailman School of Public Health, Columbia University, New York, found “**no association between total milk intake and pancreatic cancer risk.**” Similarly, intakes of low-fat milk, whole milk, cheese, cottage cheese, yogurt, and ice cream were also not associated with pancreatic cancer risk. Overall, the authors wrote, these findings do *not* support the hypothesis that consumption of dairy foods, calcium, or vitamin D during adulthood is associated with pancreatic cancer risk.

### Shu-bo Tian Meta-Analysis of Gastric/Stomach Cancer

- “This meta-analysis shows **no clear association** between the consumption of dairy products and gastric [stomach] cancer risk.”

### Yang Yang Study of Dairy and Lung Cancer

- “Our study indicates that intake of dairy products or calcium was *not* statistically associated with the risk of lung cancer.”

### Wei Lu Meta-Analysis of Cancer Mortality Risk

This study concluded that “total dairy products intake was *not* associated with all-cancer mortality risk. Death from cancer overall was nearly identical between the two groups. However, a **high intake of yogurt was associated with a 12% reduction in cancer mortality.** But cheese showed a 23% increase. There was one great exception, however. There was a significant increase in mortality for **whole milk** in men, which again was limited to **prostate cancer.** An “increase in whole milk induced elevated prostate cancer mortality risk” of 43%.

### Xingxing Song Meta-Analysis of Calcium and Ovarian Cancer Risk

Comparing the highest with the lowest intake, there was a **20% decrease in**

(continued on page 2)

The following are excerpts from a book by Rob Prior called "The Healing Power of Cancer". Rob attended a meeting of the CISS Committee in April this year.

### The ten keys to my recovery

1. My understanding of science informed me that, with the right support, my body's immune system (particularly the cytotoxic T cells) could win my battle against cancer. So, I pursued the avenues listed below.
2. I eliminated the underlying emotional traumas that triggered my cancer. Forgiveness was an important component.
3. Meditation, affirmation, visualisation, gratitude and sustained positive thinking all contributed to my recovery.
4. I eliminated foods that depleted



**Rob Prior**

my health, including processed foods, GMOs, sugar, acidic foods and drinks, high carbs, high GI, gluten, unfermented soy products, lectins, meat, dairy, hydrogenated oils, tap water, drugs and pharmaceuticals.

5. I consumed organic foods and drinks that promote health, including fermented vegetables, alkaline plant-based food, alkaline water and sodium bicarbonate.
6. I consumed foods and substances that fight cancer, like garlic, ginger, broccoli, onion, turmeric and laetrile.
7. I consumed detoxification substances like organic vegetable juices, zeolite, bentonite clay and fossil shell flour.
8. I employed a wide range of healing protocols, including vigorous exercise, earthing, fresh air, sunshine, quality sleep, massage, far infra-red saunas and colonics.
9. I immersed myself into creating and listening to uplifting music.
10. I was supported by a community of inspiring, uplifting people.

(continued from page 5)

from lies, as this captured Government will only tangle the truth in lies. Together, collectively, we learn from our mistakes, as we constantly refine what it means to be morally conscious, integrated and human. Intuitively, we know the Truth when it is found, and we all aspire to seek it — it must always be available to be found, and found it will be...

<https://stephenreason.substack.com/p/truth-as-lies-and-lies-as-truth-the>

Whatever the real situation is, CISS members who wish to express their views either for or against the proposed legislation can do this via the following link to a petition initiated by former conservative MP George Christensen:

<https://citizengo.org/en-au/rf/211329-hands-online-free-speech>

It opens a petition page. Once you provide your contact details and your reasons for support or opposition, you hit the SUBMIT button. You can choose to have your views remain anonymous if you wish.

There is also a related claim that governments throughout the world are

allowing vested interests to control not only the United Nations body, the World Health Organisation, as a method of controlling member governments through their health system (as is claimed to be being done in Australia). Some leading scientists are critical of another UN body, the Intergovernmental Panel on Climate Change (IPCC), that they claim is undermining scientific integrity in the important field of global warming.

They are concerned that the fear being inspired by the emotional and unscientific claims of an impending climate crisis, **climate catastrophism**, are adding to the unjustified fear engendered by governments during the Covid-19 pandemic; these added fears could make it easier for governments to justify censoring the views of scientists who are claiming that the recently observed global warming is not a crisis. (e.g. Andy West, 'The Grip of Culture - The social psychology of climate change catastrophism' (2023).

As a recent example, on 28 July 2023

the ABC announced that "Global warming was coming to an end. The United Nations Secretary General António Guterres gives a major warning that we're now in the era of 'global boiling', as scientists say July has very likely been the earth's hottest month.

The following is a brief summary by Judith Curry of the actual global warming situation that denies any crisis.

The IPCC claims that the most likely scenario for the earth's temperature (a 50% chance using the medium emissions scenario) is that it will reach 1.5° C around 2030 and 2°C around 2052. It does this by using its own definition of *very likely*, unrelated to normal scientific methods, and downplaying three likely other effects: the earth's natural internal variability, most likely to give an effect of -0.2°C by 2050; volcanoes -0.17°C by 2050; and direct and indirect solar effects -0.2°C, together giving a total cooling effect of -0.57°C by 2050, thereby reducing the net temperature rise from 2.0 to 1.43°C

(continued on page 12)

## New hope for memory loss and stress as meditators change the physical brain

In an extraordinary development that offers hope for people suffering from memory loss or stress, a group of meditators has changed the physical make-up of their brains just through focus and attention.

Scientists who monitored the group noted "measurable changes" in areas of the brain associated with memory, empathy and stress.

The meditators – who practised mind-

fulness meditation – achieved the changes in just eight weeks, say researchers from the Massachusetts General Hospital.

Images of the group's brains were taken before and after the two-month study. During the study, the meditators practised mindfulness for around 27 minutes a day. At the end of the eight weeks, the researchers noted increased grey-matter density in the hip-

pocampus – an area of the brain associated with learning and memory – and in brain structures that relate to self-awareness, compassion and introspection.

Mindfulness meditation, based on the teachings of the Buddha, is a non-judgemental awareness of sensations, feelings and states of mind.

(Source: *Psychiatry Research: Neuroimaging*, 2011; 191: 36).

When Covid first struck, doctors worldwide rushed to come up with a solution. Chief among them were a number of doctors from major academic medical centres, who had some 200 years' worth of combined experience in critical care medicine plus about 1,000 published papers in scientific journals.

They called an emergency meeting after they noticed that the vast majority of critically ill Covid patients who were given the standard treatment recommended by national and international healthcare organizations were dying. They decided to form a working group to find a treatment protocol for Covid-19, particularly for patients who were going into intensive care units.

The group first approached Dr Paul Marik, professor of medicine and chief of the division of pulmonary and critical care medicine at Eastern Virginia Medical School in Norfolk, Virginia, because of his expertise in successfully treating ICU patients with severe infections such as bacterial sepsis.

Dubbing themselves the Front Line Covid-19 Critical Care (FLCCC) Alliance, Marik and his colleagues met extensively, studied all the clinical and pathological data about Covid, and began discussions with a number of front-line intensive care unit experts working in some of the early outbreak areas, like China, Italy and New York.

To Marik and these other concerned doctors, Covid seemed to be behaving a bit like sepsis. They decided to tweak his treatment for sepsis by formulating the MATH+ treatment protocol, specifically for hospitalized patients, and then launched it in March 2020.

The MATH part of MATH+ stands for intravenous **M**ethylprednisolone (a steroid), high-dose intravenous **A**scorbic acid, high-dose **T**hiamine and **H**eparin (to prevent blood clotting). The "plus" stands for optional further interventions: melatonin, zinc, vitamin D3, a statin, famotidine (an H2 blocker used to treat indigestion or stomach ulcers) and intravenous magnesium.

Since those early days, they've added other supportive products and provided evidence from 93 studies and more

than 133,000 patients supporting the central role of the antiviral ivermectin, which has been consistently disparaged by the medical establishment as little more than a "horse dewormer."

You can find the full protocol at [covid19criticalcare.com/protocol/math-covid-hospital-treatment](https://covid19criticalcare.com/protocol/math-covid-hospital-treatment). Although the alliance created a website and published the MATH+ protocol in many languages in 2020, governments around the world have systematically ignored their treatment protocols, opting instead for an experimental vaccine that was rushed through without proper testing.

Nevertheless, the FLCCC took its knowledge straight to the public. The alliance boasts that with even the sickest patients given the MATH+ protocol, average hospital mortality falls to about 5 percent, compared with an average mortality of nearly 23 percent of hospital patients in the US, Italy and China who were given the standard protocols during the height of the pandemic. To date, the FLCCC has also quietly helped hundreds of doctors and millions of patients heal from Covid.

Lately, the FLCCC has turned its attention to the fallout from Covid - both long Covid and Covid-19 vaccine damage. In their eyes, the cause and the symptoms are essentially the same: damage caused by the spike protein, leading to a hyperactivated immune system.

Since 2022, Florida-based Dr Marivic Villa has witnessed a huge number of patients who have received three or four Covid vaccine doses but present similarly to those who are struggling with long Covid.

"My biggest observation is that the signs and symptoms profile and clinical presentation of long-haulers from moderate to severe natural Covid infection, and individuals vaccinated three to four times, are almost indistinguishable from one another," Dr Villa said.

And these days, most cases of long-haulers are those whose symptoms

began after three or four doses of the vaccine.

New York integrative specialist Dr Leo Galland finds that those who suffer from long Covid experience a big drop in immune system cells like T lymphocytes. They also have mitochondrial stress, auto-antibodies (indicating the body is attacking itself), mast cell activation (meaning the body is becoming more allergic), endothelitis (an inflammation of the cells that line the blood vessels) and much more.

The FLCCC's work focuses on restoring a damaged immune system, whether from the virus or the vaccine, by wiping out the spike protein. Besides ivermectin, the FLCCC recommends a host of holistic support, including intermittent fasting (which helps to reset the immune system), along with supplements like vitamin C, vitamin D, N-acetyl cysteine, betaine, zinc, quercetin, magnesium, selenium and nattokinase - a supplement derived from natto, a fermented Japanese soybean product.

Other doctors recommend taking humic acid, a chemical derived from degrading organic matter (such as decayed plants), which helps with graphene oxide toxicity from the vaccine, as does Greska's C-60, a supplement of carbon-60 molecules that helps to detox the body.

Dr Galland's solution is a multipronged approach. It starts with a highly plant-based diet since a Johns Hopkins study showed that a 40 percent increase in plant consumption offered a 70 percent decrease in severe or moderate Covid illness.

He also advocates fermented foods and a load of supplements (vitamin D, curcumin, omega-3 fatty acids, N-acetyl cysteine, coenzyme Q10, L-carnitine, B vitamins, butyrate, reishi mushrooms and zinc, among others) to restore the body. You can find his protocol at [drgalland.com](https://drgalland.com).

Doctors like those in the FLCCC and Dr Galland are achieving miracles with long-haulers as well as with vaccine damage. It's a pity that the medical establishment still isn't listening.

FROM: What Doctors Don't Tell You. July/August 2023

(concluded from page 7)

it's kind of written off your record. And I remember hitting the five year mark, knowing that the tumour's not coming back.

I got personal confirmation, but I have

the medical tests to show that this is something that's done. So to this day I still take my essential oils daily. I'm a very big believer in frankincense oil every day. But I'm grateful for what they did, and I credit them for being the reason

why I'm here. You know, I didn't do anything consistent throughout my tumour process except for essential oils. So I will never know, you know, did oils cure it 80%, 90%, 20%? I'll never know that guarantee. I'm a very big fan of them.

## What's Available from the CISS Office?

**DVD:** CISS 2007 Seminar: Cancer & Hope \$29.50

**Enema Kits:** \$16.50

Prices are subject to change. Items can be posted to you. There is a \$8.50 postage/packing fee for standard articles, \$10-\$14 for country and interstate, \$15.00 Express Post.

### Branches of CISS

#### NSW

##### CISS CENTRAL COAST

The Central Coast Branch holds a meeting on the third Monday of the month at 7 pm, and on the third Saturday of the month from May to August at 2 pm. Meetings are held at Green Point Community Centre, 96 Koolang Road, Green Point. Informative speakers, extensive library, support and shared experiences. All are welcome. For further information contact Sue Johnston on 0410 696 458 or email [cisscentralcoast@bigpond.com](mailto:cisscentralcoast@bigpond.com).

#### CANCER SUPPORT GROUPS

##### NSW

##### ACTIVE WOMEN TOUCHED BY CANCER & CELEBRATING LIFE

Meet at Balgowlah RSL, Ethel St, Seaforth on 3rd Monday of the Month at 7pm. Also meet first Friday of the month 12-2pm Gusto Café in Curl Curl, Carrington Parade opposite Stewart House. Contact Maureen 0413 983 358. Email: [Activewomencancergroup@gmail.com](mailto:Activewomencancergroup@gmail.com)

##### BLUE MOUNTAINS CANCER WELLNESS, SUPPORT—LEURA

Support groups and complementary therapies. A not-for profit charity supported by our op shops. Facilitator is Viv Maitland Counsellor/ Psychotherapist. Head Office: Robin Yates Centre, Leura Phone 4784 2297, email: [www.cancerhelp.net.au](http://www.cancerhelp.net.au).

##### PARKES CANCER SUPPORT

Cancer Assistance Network CanAssist Pat Bailey 0447 051 946

##### QUEST FOR LIFE FOUNDATION

Residential and day programs and webinars (on-line seminars) for people living with cancer, grief, loss or trauma. Contact (02)

4883 6599 ; [www.questforlife.com.au](http://www.questforlife.com.au).

##### SUTHERLAND SHIRE BREAST CANCER SUPPORT GROUP

Meets 1st Monday of the month at Tradies Gynea. 75 Manchester Rd, Gynea from 7-9pm. Pre-group dinner at Willow Restaurant from 5.30pm. Also 3rd Saturday of the month (call for details). Glenda, 9523 5200 or 0407 255 728.

##### SYDNEY ADVENTIST HOSPITAL CANCER SUPPORT CENTRE

Breast Cancer Support group meets every second Tuesday 1-2.30pm at Jacaranda Lodge, 185 Fox Valley Rd, Wahroonga. A discussion group for breast cancer patients and carers. There are also special support groups for different cancer types and for carers. Contact Bernie on 9487 9061. email: [cancersupport@SAH.org.au](mailto:cancersupport@SAH.org.au)

#### VICTORIA

##### CANCER NATURAL THERAPY FOUNDAT'N

Support group meets on Tuesday nights at 7pm at 531 Elizabeth Dr, Sunbury, Victoria 3429. Meeting includes discussion, relaxation therapy and Reiki Healing. Certified organic produce available these nights. The Foundation operates a resource library, workshops and guest speaker program. Personal Counselling available. Contact Sandra Givca Maqueda (03) 9740 9921; mobile 0411 100 947.

##### GAWLER FOUNDATION

The Gawler Foundation has leased the

property to the Brahma Kumaris group. During this time the BKs will maintain the property and run their own meditation retreats there. The Gawler Foundation will still have access to the property to run some of their programs, and for 2021 intend to run 4 x 5 day Cancer Fundamental retreats over the next 12 months. But without any paid admin staff, this will depend on the initiative of the therapists. Anyone interested in these programs or in individual cancer coaching could contact Maia and Paul Bedson at [paulandmaia1@gmail.com](mailto:paulandmaia1@gmail.com)

#### QUEENSLAND

**CANSURVIVE on the Sunshine Coast** meets from 10am-12 noon, 2nd Tuesday of each month at Eve Wilkinson's home, 99 Maleny-Kenilworth Rd, Maleny. Ph. (07) 5429 6598. Contact Cansurvive: PO Box 941 Maleny Qld 4552, Ph.: 5499 9918. Books, tapes, counselling available.

**Cairns CANSURVIVE** support meetings offer support, information and self-help activities for people affected by cancer or any other debilitating illness. Emphasis on self-help & development to enable individuals to better cope with fears and uncertainties. Meets 1st Saturday of each month at Cominos House, Greenslopes Street, Cairns from 2 - 4 pm. Cost \$10 per year + a coin donation on the meeting day. Afternoon tea provided. Books/videos available for loan for members. Contact Beulah 4051 5544 or Helga 4047 4812 (b.h.).

##### FRUITARIAN RAW FOOD NETWORK

Write to PO Box 293 Trinity Beach Qld 4879.

##### QUALITY OF LIFE CANCER SUPPORT GRP

Meets on the North Side of Brisbane. For details phone Alan on 3263 8390 or Michelle on 3269 9687.

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by 2050 and less than this by 2030.

She states that "the targets of 1.5°C and 2°C are easy to measure and communicate and have been effective at galvanizing political will and public support. However, these targets are vague approximations to some of the dangers of climate change and mis-represent the nature of the scientific knowledge upon which these numbers are claimed to rest. (Climate Uncertainty and Risk – Rethinking Our Response, Anthem Press London & New York 2023 p,106)

In contrast to this, she says that "The most important finding of the past 5 years is that the extreme emissions scenarios RCP8.5 and SSP5-8.5, commonly referred to as "business-as-usual" scenarios, are now widely recognized as implausible. These extreme scenarios have been dropped by UN Conference of the Parties to the UN Climate Agreement. However, the new Synthesis Report continues to emphasize these extreme scenarios, while this important finding is buried in a footnote:

"Very high emission scenarios have become less likely but cannot be ruled out.

The extreme emissions scenarios are associated with alarming projections of 4-5°C of warming by 2100.

She says "UN's climate panic is more politics than science. Not only has the IPCC increasingly taken on a stance of explicit political advocacy, but it is misleading policy makers by its continued emphasis on extreme climate outcomes driven by the implausible extreme emissions scenarios. With its explicit political advocacy, combined with misleading information, the IPCC risks losing its privileged position in international policy debates." (op ed in The Australian, 29 March 2023)

So where is the *climate crisis* let alone a *climate catastrophe*? She recommends Andy West's book.

His book is 'The Grip of Culture: The social psychology of climate change catastrophism'.(2023)

"Climate change catastrophism is a cultural disease haunting Western society. Andy West's excellent study of this problem explains the different drivers of this disease. It is an important contribution to a debate where reason must prevail." – Frank Furedi, emeritus professor of sociology at the University of Kent

\*Judith Curry is a former Professor and Chair of the School of Earth and Atmospheric Sciences at the Georgia Institute of Technology (GIT) where she was a strong supporter of the IPCC process of developing a consensus of scientific opinion. Her perspective on this changed as a result of the Climategate scandal in November 2009 when she discovered how politics and personal agendas were encroaching on the IPCC assessments. She resigned from GIT in 2017 to get out of the "atmosphere of disciplinary compartmentalization, culture of climate consensus enforcement, and freedom of speech issues."

She now works as a climate scientist in a private consulting capacity.